

Tandem Skydive for us!

A Tandem skydive allows you to enjoy one minute of 120mph adrenaline-fuelled freefall harnessed to the front of a BPA-qualified instructor. You simply need a short 20 minute briefing beforehand as it is the instructor who opens and lands the parachute, in Hibaldstow, Lincolnshire.

It will be the most exhilarating experience of your life!

Thank you for choosing to raise money for your local hospice. Without the support you give we simply couldn't continue the work we do and the care that we give.



The Butterfly Hospice Trust, Rowan Way, Boston, PE21 9DH

Tel: 01205 311222 Email: enquiries@butterflyhospice.com

<https://www.butterflyhospice.org.uk>  <https://twitter.com/BTHospice>

 <https://facebook.com/ButterflyHospice>  <https://instagram.com/butterfly.hospice>

How much do I have to fundraise?

In order to take part The Butterfly Hospice asks you to raise a minimum amount of £498 in sponsorship money. This amount covers the cost of the Tandem jump which is £249, paid to Skydive Hibaldstow, who offer a discounted price and a minimum donation of £249 that will come to the charity. Every extra penny that you raise over the minimum comes straight to us, so please try to raise as much as you possibly can!

When Can I jump?

You can skydive on any date that the skydiving centre is open, subject to availability.

How to take part

1) Complete the 'Skydiving Registration form'. You can either **Post it** to: Target Skysports, Woodleigh Hall Farm, Rawdon, Leeds, West Yorkshire, LS19 6JT, **or scan and email** it to info@skydiving.co.uk **or enter online** at www.skydiving.co.uk click 'book now' and follow the instructions, putting Butterfly Hospice in the comments box.

2) Reserve a place on your chosen date by paying a deposit of £50 per person to Target Skysports. This deposit will be deducted from the total amount of sponsorship you have to raise. To do this you can call and speak to one of our skydiving advisors on 01132 505 600 or email info@skydiving.co.uk.

3) Start fundraising! You will be provided with **official sponsorship forms** to collect donations from friends and family.

4) On the day of your skydive you will need to

- ✓ Arrive at the airfield at the designated time and register in the reception. If you are aged 40+ or have a medical condition you will also need to hand in your BPA medical form signed and stamped by your doctor. If you are aged 16 or 17 then you will need a parent present to sign consent on three forms.
- ✓ Pay the remaining balance of £199 for the skydive. Kindly note that this amount can only be paid in cash or by debit (or credit card with a 3% fee). If you have fundraised online then please contact us in advance.
- ✓ You will also need to hand in a cheque payable to 'The Butterfly Hospice Trust' for the minimum amount of £249 or more. Kindly note that cash or card payments cannot be accepted at the airfield for payment of the sponsorship money. If you have fundraised online then please contact us in advance.
- ✓ Complete 20 minutes of training with your instructor

Spectators are welcome, many skydiving customers bring their families and friends along to watch, so invite yours along too!

Who can take part in a Tandem Skydive?

AGE RESTRICTIONS - Tandem Skydiving • Overall age range: 16 years and older. There is no upper age limit for tandem skydiving. • Age 16-17: Parental consent in the form of parental/legal guardian signature is required on the Skydive • Hibaldstow membership form, BPA Tandem fitness form 115 and the BPA membership agreement form. • Age 16-39: will sign a Tandem student declaration of fitness form 115 on arrival. • Age 40 and over: must have a BPA Tandem student declaration of fitness form 115 stamped by their doctor.

WEIGHT RESTRICTIONS - Tandem Skydiving • Maximum weight: 16 stones (100kg) for both males and females. Although it is less important to be physically fit for a tandem skydive, students must be aware that some weather conditions are less suitable for students who are less physically fit, less agile, in particular those with a high Body Mass Index of 27.5 or over and/or are close to the weight limit or for those with physical disabilities. These students may have to wait for more favourable weather in order to complete their skydive, particularly if winds are light and this could result in the skydive being postponed to an alternative date.

BPA FITNESS FORM 115 Only the official BPA form should be used – letters or notes from doctors or medicals for any other activity will not be accepted. Everyone needs to complete the top section of the form. The bottom section of the form is to be signed and stamped by a doctor for those aged 40 or over, or for those with medical conditions, recent or recurring injuries or who are unable to declare themselves fit to jump for any reason regardless of their age. All forms should be brought along on the day – we do not require them in advance.

MEDICAL CONDITIONS AND NOTES – Please Read Carefully Certain medical conditions (for example, epilepsy, some cardiovascular and neurological conditions and some forms of diabetes) or recurring injuries (for example, recurring dislocations) may preclude you from participating in a skydiving course. If you are in any doubt, please contact the parachute centre or consult the notes on the BPA form for more detailed information. We reserve the right to refuse training or to postpone a jump if weather conditions or other factors are deemed not suitable for an individual student at the Centre Chief Instructor's discretion.


What about insurance? The only type of insurance included is the mandatory membership to the British Parachute Association. There is no medical or personal accident insurance included. However if you would like to take out a one-off tandem jump policy then this is your choice. We cannot provide or recommend insurance however there are several companies that offer this including Sky Cover www.skycover.co.uk or call 0844 892 1515 for a quote.


If you need any information about the skydive itself or the age, weight and medical restrictions then please contact Skydive Hibaldstow directly on 0113 250 5600 or email info@skydiving.co.uk as they are in the best position to answer any questions.

CHARITY SKYDIVING TERMS - By taking part in a skydive for charity you are bound by the following terms and agree: 1. That if you intend to cover the cost of the skydive with sponsorship money you will aim to meet the minimum fundraising target set by the charity, otherwise you will cover the remaining amount yourself and/or pull out of the event and refund all monies to the sponsors. 2. To make every effort to exceed the minimum target 3. To send on any additional funds raised directly to the charity within the timeframe agreed. Failure to do so is considered theft. 4. To make clear to sponsors if you are not paying for the skydive yourself and that the cost will be covered with their sponsorship money 5. That your contact details will be shared between the charity and the skydiving centre. This is so that they may support you with your fundraising efforts and arrange to collect any additional sponsorship after the jump and contact you regarding any queries about the details you have given. Your details will not be passed on by us to any other third party for any reason. 6. Skydiving is an adventure sport and participation involves a risk of injury or death and you voluntarily accept all the risks inherent 7. That the charity will not accept any liability or responsibility for you taking part in a skydive.

Promoting Your Event

Share the word on social media

 Create an event on Facebook and invite all your friends. Share your event and any media coverage so more people see it. Post regular updates and tag us in your posts using @ButterflyHospice

 Share your event on Twitter and encourage people to retweet it so that it reaches more people. Mention us in your tweets using @BTHospice

 Share photographs on Instagram and tag us @butterfly.hospice

 Create a JustGiving page, visit www.butterflyhospice.com/downloads and download 'Set up a JustGiving Page' for help. Share your JustGiving link on social media.

Remember to like and follow us on our social media pages!

Tell the Press!



Contacting your local newspaper and radio station is a great way to publicise your event and raise awareness for the hospice.



Let them know you are fundraising for us and why you chose us. Send a press release (see our press release template in this pack) including all the relevant details, your fundraising target and send in a good quality picture.

After your event has taken place contact the press to share your success, provide a photograph of the event and let them know how much money you raised, of course thanking everyone that sponsored you.

Take photographs of your progress and planning to keep everyone updated during the run up to the event. A picture is worth a 1000 words!

Remember you must have permission to use photographs of participants in social media posts (See video & photograph event form included in this pack).

Traditional Methods

- Circulate posters widely and hand out flyers to promote your event, including all the relevant details, what, where, when, your target amount and contact details.

Remember that spectators are welcome, many skydiving customers bring their families and friends along to watch, so invite yours along too!

Press Release



[Insert your name/organisation name] is holding a/taking on the challenge of [insert name/description of your event] to raise vital funds for The Butterfly Hospice Trust on [insert date, time, location and venue name].

The Butterfly Hospice Trust, based in Boston, Lincolnshire, provides palliative care and holistic support to patients and their families. The Butterfly Hospice Trust is dedicated to improving the quality of life for patients and families facing a life-limiting illness by providing choice, care and support in a hospice setting. Our care teams include doctors, nurses and therapists, who provide free 24-hour patient care to those who need it most.

We are/I am happy to invite my/our [friends/customers/family/everyone] to join in [insert event activity]. With your help I/we are hoping to raise [insert target to be raised] through [ticket sales/raffle/the event] to help the hospice provide vital care for terminally ill individuals in South East Lincolnshire.

I am/we are working hard to make this event a success and hopefully reach the target!

You can sponsor the event by visiting [insert just giving page]

For more information/to book a place/buy a ticket/ sponsor [name of your event] contact [insert name, phone number/email address]

[Attach a photograph, preferably with The Butterfly Hospice Trust logo visible, if possible]



PHOTOGRAPHY & VIDEO FILM CONSENT FORM

Here at The Butterfly Hospice Trust, we provide a number of news releases to tell people about our events and the work we have been doing. We take photographs or videos to illustrate our messages for use externally, by the media for example, as well as internal promotional activities.

If you agree to having your photograph or a video taken to support our activities, please read the declaration below carefully and sign the bottom of this form.

I hereby agree that by having my photograph taken:

- The Butterfly Hospice Trust has my full permission to use the photo(s)/video, with my name, in any activity that reasonably promotes the Butterfly Hospice.
- The Butterfly Hospice Trust can use the photo(s)/video(s) for as long as it considers appropriate.
- I understand that once the photo/video has been produced, its reproduction or adaptation may be beyond the control of the Butterfly Hospice Trust.
- I will not be given preferential treatment or service by the Butterfly Hospice Trust for taking part.
- I will not be paid for taking part.
- I have the right to withdraw my consent for the photo(s)/video(s) to be used in the future by providing 14 days notice, in writing, to: The Administration Manager, The Butterfly Hospice Trust, Rowan Way, Boston, Lincolnshire PE21 9DH. I understand this must be acknowledged by The Butterfly Hospice Trust to be effective and that The Butterfly Hospice Trust has no control of photo(s)/video(s) already published.
- I will not own the copyright of any photos/videos generated for use by The Butterfly Hospice Trust.

Name: (Block Capitals):

First Line of Address: Post Code:

Signature:

If you are a parent or guardian and have agreed for your child(ren) to be part of promotional activities for The Butterfly Hospice Trust please give your consent below. By signing on behalf of a child you are confirming that you have the right to consent to photographs or videos of the child being taken and used in accordance with this agreement.

Child(s) Name:
BLOCK CAPITALS

Your Name:
BLOCK CAPITALS

Signature: Date:

For Internal Use only			
Name of event		Date of event	
Image reference(s)		Approved by	

Thank you

We look forward to hearing about your experience skydiving for us, if you would like to share your experience and photographs to inspire others please drop a message to natalie.bunce@butterflyhospice.org.uk

